

Quick Cauliflower Rice

By Henry's Backyard Bar and Grill YouTube Channel

Ingredients:

- 2 instant cauliflower rice
- 1 instant white rice
- 1/4 cup chopped bell peppers
- 1/4 cup chopped red onion
- 1 Tbsp Minced garlic
- 2 Tbsp soy sauce
- Garlic powder, lemon pepper, salt and pepper to taste
- finish with 1 to 2 Tbsp butter and chopped cilantro

Instructions:

1. cook cauliflower rice and white rice as the packages indicates.
2. Over medium heat add a little olive oil to the pan
3. Once oil is hot add minced garlic and cook until fragrant about 30 seconds to a min.
4. Then add in the red onion and bell peppers. Cook until they start to soften about 3 to 4 mins
5. Then add in the cauliflower rice and the rice. Cook for about 5 mins
6. Add in the soy sauce, garlic powder, lemon pepper, salt and pepper. Just start with a little of each.
7. Cook for another minute or 2. Then taste adjust seasonings as needed
8. After that add the butter mix until melted
9. Top with Cilantro to finish.